



LEVEL II: SOUND BODY™ (includes Sound Facial™) TWO-DAY TRAINING ~ \$450* *Prerequisite: Level I Sound Healing Foundations*

SOUND BODY™ is an advanced two-day training that features a powerful core body treatment (including neck and face), using four octaves of Ohm, and introduces Luna™ Tuning Forks and the beneficial interval of the Planetary 5th™, plus music and sacred geometries. These effective tools and techniques enable the practitioner to access the body's central energetic pathways, Chakras, and the spiral energy of the body for a holistic and highly effective sound healing treatment.

REVIEW technique and therapeutic application of Ohm Tuning Forks as you learn exciting and useful treatment protocol that helps to strengthen the spine while integrating Lung, Stomach and Earth energy. New tuning fork applications build upon material learned in Level I, using tone on acu-points and the body's meridian system, as well as musculo-skeletal applications.

SOUND FACIAL™ When there is a synergetic flow of Qi in the body, it is positively expressed in the face. The acupuncture meridians that flow through the entire body also flow through the neck, head and face. Learn how the body benefits when sound travels through these vital meridians. When the Qi and blood are flowing properly through the pathways of the body, the face also becomes rejuvenated.



In addition, learn methods to release and disperse tension and the 'energetic armoring' that occurs when the body is effected by trauma and stress, while re-harmonizing the body with the High Ohm Tuning Forks. Practitioners will learn how to work more deeply through sound layering techniques. In the Ohm Therapeutics system, great emphasis is placed on the fundamental tone of Ohm and its octaves; these sound healing intervals support the body's innate ability to return to a balanced state, and the physiological process of homeostasis.



Experience Luna and the nourishing interval of the Planetary 5th, and learn why the frequency of the moon and the 5th are excellent choices for treating conditions of fluid retention, sinus and lung congestion, arthritis and joint pain. Applied individually and combined with Ohm to create a musical 5th, Luna gently penetrates to further open, promoting movement ~ regulating Qi and blood ~ while assisting to balance the body's Chakras or energy vortices.



Also introduced, the Osteo™ Ohm Tuning Fork resonates with our bone matrix and connects to our ancestral DNA/Jing Qi. Its benefits include reducing inflammation and helping to strengthen and build bone.

The flow and movement created during the Sound Body treatment produce energetic patterns and sacred geometries which powerfully enhance the healing experience.

REQUIRED CLASS TOOLS: #HI-OHM (High Ohm Octave Set); #LUNA (Luna Set).

HIGHLY RECOMMENDED: #OSTEO (Osteo Ohm); one additional #LOW-OHM (Low Ohm Tuning Fork); one additional #PR-ACT (Practitioner Activator).



CLASS INSTRUCTOR: Samantha Jennings, DR. TCM, Registered Acupuncturist. To learn more or sign up for class, email doctorsamj@zianet.com.

***Early Registration Discount: \$400 (one month prior to class)**