

# STUDIO CHI 2021 Class Descriptions

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## ~ Tuning Forks Level 1: Accessing the Extraordinary Vessels - May 29 & 30

-Tuning fork therapy is based on the principles of sound healing and the knowledge of acupuncture points and the chakras. When tuning forks are placed on specific acupuncture points they access the innate wisdom of the complete being (body, mind & soul) to create opportunities for perfect health and balance for that individual's development.

In this 2 day workshop students will be introduced to the theory of sound healing and the infinite healing powers of the extraordinary vessels. Students will learn to give and receive a sound healing session using tuning forks. Students require 2 Mid Ohm tuning forks.

## ~ Tuning Forks Level 3: Spanning the Frequencies - June 5 & 6

- In this workshop students will learn how to span the frequencies using tuning forks to create healing vibrational patterns that can be easily assimilated by the client. Students require 2 Mid Ohm tuning forks, 1 Low Ohm tuning fork, 1 Mid Luna tuning fork, 1 Low Luna tuning fork, 2 High Ohm tuning forks, and an Osteo Ohm tuning fork.

## ~ Tuning Fork Facial - September 18 & 19

-Students will learn how to give a relaxing and effective tuning forks facial utilizing the acupuncture points and meridians on the face and neck. They will be taught how to access the Windows to the Sky points on the neck and the entry & exit points on the face. This tuning forks facial can be blended easily and gracefully into any healing practice. Students require 2 Mid Ohm tuning forks & 1 Mid Luna tuning fork

## ~ Tuning Forks Level 2: Opening the Rivers of Qi - October 2 & 3

- Students will learn about octaves and intervals and how they apply to the theory of tuning fork therapy, as well as the opening qualities of the New Moon &/or Luna forks. Students will build upon their skills acquired in Level 1 with 3 new treatment protocols to apply in practice. Students will require 2 Mid Ohm Tuning Forks, 1 Low Ohm Tuning Fork, 1 Mid Luna Tuning Fork & 1 Low Luna Tuning Fork.